

## **Patient Home Care Following a Root Canal**

It's normal to experience some discomfort for several days after a root canal appointment, especially when chewing. To control discomfort, take pain medication as recommended by Dr. Kassan. If antibiotics are prescribed, continue to take them for the indicated length of time, even if all symptoms and signs of infection are gone.

To protect the tooth and help keep your temporary in place:

- \* Avoid chewing sticky foods (especially gum).
- \* Avoid hard foods and hard substances, such as ice, fingernails and pencils.
- \* If possible, chew only on the opposite side of your mouth.

If your bite feels uneven, you have persistent pain, or you have any other questions or concerns, please our office at 703-897-0463